



CCC Day Care Menu

February 6 – March 2, 2012

If you have a food allergy please notify your site director/teacher.

Breakfast	
Mon./Wed./Fri.	Tues./Thurs.
Cold cereal, Fruit juice, LF Milk	Pancakes or waffles Fruit juice, LF Milk

Monday 2/6	Tuesday 2/7	Wednesday 2/8	Thursday 2/9	Friday 2/10
Bkd WW Ziti with Veg Sauce Carrot, Corn, Pea mix Pear LF Milk 3PM Apple Sauce w/Cinnamon	Escarole & White Bean Turkey & American Wrap House Salad w/ dressing Orange Wedges LF Milk 3PM Graham Goldfish	BBQ Pulled Pork Sandwich Brioche Roll, Coleslaw, Chdar Corn Niblets Mixed Melon LF Milk 3PM Baked Corn Muffin	WW Penne, Meat Sauce Parmesan Crusted Cauliflower Banana LF Milk 3PM Soy Nut Butter Cracker	Seared Chicken, Lemon Butter Brown Rice Pilaf Peas & caramelized Onions Macintosh Apple LF Milk 3PM Fruited Yogurt
Monday 2/13	Tuesday 2/14	Wednesday 2/15	Thursday 2/16	Friday 1/17
Macaroni & Cheese Broccoli Florest Pear LF Milk 3PM Apple Sauce w/ cinnamon	Beef Vegetable Ham & Cheese Sandwich WW Cheese Sandwich Vegetable Macaroni Salad Orange Wedges LF Milk 3PM Oat Bran, Apple, Raisin SQ	Hamburger Sliders / Bun Baked Steak Fries House Salad, Light Ranch Mixed Melon LF Milk 3PM Vegetable Crudités w/Dips	Chicken & Cheese Quesadilla WW Tortilla, Salsa, Sour Cream Carrot, Corn, Pea mix Banana LF Milk 3PM Soy Nut Butter Cracker	Roast Turkey Glazed Carrots Cornbread Stuffing Pan Gravy LF MILK Macintosh Apple 3PM Fruited Yogurt
Monday 2/20	Tuesday 2/21	Wednesday 2/22	Thursday 2/23	Friday 2/24
Ravioli Primavera House Salad with Dressing Pear LF Milk 3PM Apple Sauce w/Cinnamon	MARDI GRAS! Vegetable Gumbo Muffuletta Sandwich -no Olives Cheese Sand Vegetable Creole Rice Orange Wedges LF Milk 3PM King Cake	Breaded Chicken Legs Brown Rice Pilaf Baked Cauliflower Mixed Melon LF Milk 3PM Baked Corn Muffin	Homestyle Meatloaf /Pan Gravy Whipped Potatoes Steamed Broccoli Banana LF Milk Rudi Bread Stick 3PM Soy Nut Butter Cracker	Baked Chicken Tenders w/dip Mixed Green Salad w/light dres Baked Steak Fries Macintosh Apple LF MILK 3PM Fruited Yogurt
Monday 2/27	Tuesday 2/28	Wednesday 2/29	Thursday 3/1	Friday 3/2
Foccia Bread Pizza Steamed Broccoli LF Milk Pear 3PM Apple Sauce w/Cinnamon	Vegetable Barley Chicken Salad Sand, roll House Salad w/ dressing Orange Wedges LF Milk 3PM Oat Bran, Apple, Raisin SQ	Beef Macaroni Casserole Sauteed Green Beans LF Milk Grapes 3PM Vegetable Crudités w/Dips	Turkey Tacos /Shell Salsa, Sour Cream, Cheddar Mexican Rice Roasted Corn Banana LF Milk 3PM Soy Nut Butter Cracker	DR. SUESS' BIRTHDAY! Green Eggs & Ham Texas Home Fries Baked Cauliflower LF Milk Macintosh Apple 3PM Fruited Yogurt