

5 Days of Fun with Toddlers!

Monday

Water Painting



What you'll need: Construction paper, tape, a small cup of water and a paintbrush. Tape the paper down onto the floor, onto a tabletop or onto a wall — your choice!

Tuesday

Edible Finger Paint



What you'll need: Pour 1 cup of cold water and 1 cup of flour into a pan. Gradually add 3 cups of boiling water to the mix. Stir over heat until it boils. Take off the heat and let it cool. Then divide the mixture into bowls and add food coloring. Store in airtight container.

Wednesday

Fine Motor Practice with Cheerios



What you'll need: Just take some play dough, roll it in a ball, then stick spaghetti noodles on the top. Have your toddler slide cheerios down the noodle. It's simple, but great for practicing fine motor skills! And it really keeps them busy.

Thursday

Cloud Dough



What you'll need: To make a batch, combine 8 cups of flour with 1 cup of oil. Then mix with your hands for 3-5 minutes. When dough starts to stick better, you'll know it's ready.

Friday

Build an Obstacle Course



What you'll need: Using items from around your home, set up a course where children can practice their gross motor skills and general coordination. Set up items that allow jumping, crawling, balance and hand eye-coordination.