

5 Things to Do with Toddlers at Home



1. Toddlers can help with chores.

Yes! Your toddler can do chores! “Monkey See. Monkey Do.” Toddlers love to imitate and be like their parents. If you are sweeping, give your toddler a Swiffer Sweeper with a cloth on it. The love to push the “broom”.

2. Read together.

You don't need to follow a specific reading schedule. You can just read at random times during the day. But when you are more intentional about reading, you will read a lot more often.

You can specifically read

- at breakfast
- before afternoon nap
- before bedtime.

Another way to get toddlers excited about books is to rotate their books every few days.

3. Listen to music, sing, and dance.

Children enjoy music and dancing is great for gross motor development.

It's easy to pull up kid's songs on iTunes or even YouTube.

4. Count and Say Letters.

Toddlers all develop at their own rate, but they will start to recognizing numbers and letters at this age. You can say the names of letters or numbers in books and on signs, and they will often repeat you.

Also incorporate counting and letters into your everyday activities.

Count toys when you are playing or sticks that you pick up when you are outside. Also spell words to your toddler. They will have fun repeating the letters as if it were a game.

5. Eat meals together.

Conversations during meals can be real learning opportunities for toddlers. It's a great time for them to not only try different foods but also talk about the food they are eating, the color, where it came from, how many are on their plates, ect.