

# AT HOME LEARNING

**Week 2 WRITE AND DRAW IN YOUR HOME JOURNAL EACH DAY!**

## Monday - Family

<b>Reading</b> Read a book about families. Who is in your family? How do you show your family you care about them?	<b>Letters &amp; Sounds</b> Make a list of everyone in your family.	<b>Math</b> Play Hi Low (aka War) with a friend or family member.
<b>Fine Motor</b> Make a bracelet for someone in your family with beads, pasta, or cereal.	<b>Art or Sensory</b> Draw a family portrait. Draw a frame around the edge.	<b>STEM</b> Make a fort!

## TUESDAY - BUGS

<b>Reading</b> Read a book about bugs. Who was the character in this book? What did the character do?	<b>Letters &amp; Sounds</b> Go on a grasshopper letter hop. Place letter cards in a line, leaving a space in-between. The child will hop over the letter and say the name and letter sound.	<b>Math</b> Play number swat. Spread the cards on the floor. Call out a number and the child swats the card with their hand or fly swatter.
<b>Fine Motor</b> Make your name with play dough.	<b>Art or Sensory</b> Make bugs with play dough, sticks, and buttons or googly eyes.	<b>Gross Motor</b> Move like a caterpillar, butterfly, grasshopper, worm, lightning bug, and spider.

## Wednesday - Food

<b>Reading</b> Read a book about food. Find all the parts of a book (cover, pages, spine).	<b>Letters &amp; Sounds</b> Make a grocery list and go to the grocery store with your list.	<b>Math</b> Find three of your favorite snacks. Make patterns with them.
<b>Fine Motor</b> Make a food cutting collage. Cut out food from grocery store ads. Glue the pictures to a plate or piece of paper.	<b>Art or Sensory</b> Collect a few boxes and cans. Trace them like a stencil or stamp them in paint.	<b>Science</b> Have a taste test. Find a new food. How does it look, smell, feel, and taste?

**PLAY IS THE HIGHEST FORM OF RESEARCH. — ALBERT EINSTEIN**

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## THURSDAY - FOREST ANIMALS

<p><b>Reading</b> Read a book about a forest animal. What were the events? What happened first? What happened last?</p>	<p><b>Letters &amp; Sounds</b> Make animal words. Use the letter cards to build words like bear, skunk, or bat.</p>	<p><b>Math</b> Build numbers on a math mat. Use rocks, pom poms, or pennies. Pick a number card, count out that many items, and place it on the math mat.</p>
<p><b>Fine Motor</b> Pretend you are a bird. Make worms by cutting pieces of string or ribbon. Use tweezers or tongs to pick them up and place in a container.</p>	<p><b>Art or Sensory</b> Draw or paint a picture of your favorite forest animal.</p>	<p><b>STEM</b> Make a cave inside with blocks or outside with rocks and dirt.</p>

## FRIDAY - NATURE

<p><b>Reading</b> Read a book about nature. What was the setting?</p>	<p><b>Letters &amp; Sounds</b> Make letters with sticks (real sticks or popsicle sticks) or with play dough.</p>	<p><b>Math</b> Go outside and look for shapes! Find circles, squares, rectangles, triangles, and ovals.</p>
<p><b>Fine Motor</b> Go outside and cut grass or cut play dough.</p>	<p><b>Art or Sensory</b> Draw with chalk or paint with water.</p>	<p><b>Gross Motor</b> Do yoga or play a sport outside.</p>

## APPS TO TRY

<p><b>Vooks</b> Brings books to life.</p> 	<p><b>LetterSchool</b> Practice writing letters and numbers.</p> 	<p><b>Starfall</b> Learn about letters and sounds.</p> 
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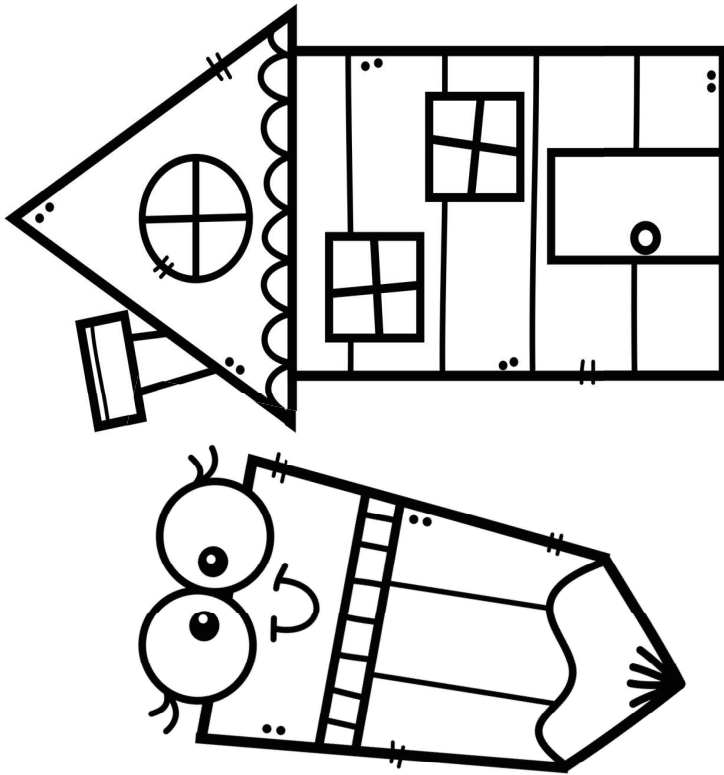
## WEBSITES AND APPS TO GET KIDS MOVING

<p><b>GoNoodle</b> YouTube or an app Dance-alongs, yoga, and more.</p>	<p><b>Jack Hartman</b> YouTube Sings and dances to children's songs.</p>	<p><b>Cosmic Yoga</b> YouTube Yoga and mindfulness for kids.</p>
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# My Home Journal



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