

Sensory Bags For Babies and Toddlers

Sensory bags are a wonderful mess-free sensory activity where all of the fun happens in a bag. This makes it safe for babies and toddlers (with supervision of course).

Here is a collection of some of favorite easy **Sensory Bags for Babies and Toddlers**. These will take you no time to put together and they will delight and amaze your child.



Choose four different fillers:

Wet

Shaving cream

Oil and water

Clear hair gel or shampoo

Water beads

Dry

Buttons

Leaves

Glitter and baby oil

Cereal

Chips (just be prepared for these to be crushed beyond edibility)
Crumpled paper balls
Dry pasta
Pom poms
Popcorn

2. Place no more than 3 cups of filler in a gallon-sized zip-top bag. If using a liquid, double bag and tape the bags securely shut for extra security.

3. Tape the bags in a grid on the floor.
Or, if you have a big window, try taping the sensory bags there!

Eye Spy Sensory Bag



You will need 2 zip-lock bags, 1 cup rice, masking tape and small trinkets, toys, tokens or objects.

Some ideas for small toys or objects may include; buttons, small twig, bottle top lid, shopkin toys, large beads, toy jewelry, glass gems, puzzle pieces, small figurines, small blocks, magnetic numbers or letters, foam shapes and so much more.

1. Collect a handful (approx. 10) small toys and other items. Take a photo of them, print and laminate.
2. Place 1 cup rice and toys into zip lock bag. Add more rice if required.
3. Fasten the zip-lock bag, insuring that all the air has been pressed out of the bag.
4. Place the masking tape along the opening end to avoid the bag becoming open. Fold the zip lock end over and sticky tape again as shown in photo 1.
5. Place the zip-lock bag into the other zip-lock bag with the folded end placed inwards at the bottom of the bag as shown in photo 2.
6. Fasten the zip-lock bag (pressing out the air) and add sticky tape.
7. Optional: place decorative washi tape around the outside (both sides) of the eye spy bag to create a kind of window for children to look through when searching for the objects (photo 3). This also helps make the bag extra strong.
8. Attached the Eye Spy Card with ribbon or string.



Shaving Cream and Paint Sensory Bag



Pour paint in the corners of a large gallon size zip lock bag. Next, squirt shaving cream and push it down into the corners. Do not overflow the bag as it increases the risk of the bag splitting. Ensure that any air bubbles are removed from the bag. Close the zip lock attachment. Secure the bag with duct tape and Play!

Oil and Water Sensory Bag



Put a gallon zip-top plastic bag in a large bowl and pour 2 cups of oil in it. You can use canola oil, vegetable oil or baby oil. It really doesn't matter. Next stir several drops of food coloring into a half cup of water. Pour the water and food coloring into the bag. Seal the bag with duct tape and play!

Easy Hair Gel Sensory Bags



This is a simple and easy sensory bag to make. Take clear hair gel and a few drops of food coloring and add to a zip lock bag. Place a few items in the bag for babies and toddlers to squish around and play.

Don't forget to seal the top of the bag with duct tape!

Cornstarch and Sugar Sensory Bags



- 1 cup cornstarch
- 1/3 cup sugar
- 4 cups cold water
- food coloring
- sealable bags – I used gallon freezer size

Whisk all the ingredients together in a pot over medium heat.

Continue to cook it all together, whisking frequently. As the mix thickens and solidifies, make sure to keep whisking. You will know the goo is getting to the right consistency when it changes from a white liquid to a blueish, clearish goo. It will look like Vaseline.

Once it's finished, pull it from the heat. At this point, you can add coloring. Wait until it has cooled to add it to the bags. Seal the bag and have fun!