

Toddler Weekly Schedule

Movement

Learning

Play

Create

Monday

Yoga

Have some fun doing yoga with Cosmic Kids Yoga.

Click here for link
↓
COSMIC KIDS YOGA

Fun with Colors



Do a color sort throwing game.

Outdoor Play Everyday!

Playing outside is a nice way to break up the day!

Art



Tuesday

Obstacles



Use Streamers or string to make an obstacle course in your hall.

Fun with Letters



Hide letters in cornmeal and Have your children search for them and match them to the paper.

Outdoor Play Everyday!

Build



Build with Playdough and blocks.

Movement

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Wednesday

Dance

Do the Tooty Ta Hip Hop with Jack Hartman

Click here for link



DANCE WITH JACK HARTMAN

Fun with Shapes



Do a shape sort with objects around the house. Tape shapes to the floor and have children place the object in the matching shape.

Outdoor Play Everyday!

Paint



A fun (& clean) way to paint!

Thursday

Meditation

Meditate with your Toddler.

Click here to Meditate with Cosmic Kids



COSMIC KIDS ZEN DEN

World

Go on a nature walk and look for BIG rocks and SMALL rocks and talk about their colors and sizes.

Outdoor Play Everyday!

Dough



Make Playdough Prints with Household items! It's fun & easy!

Friday

Your Pick

Gonoodle.com is a great place to go for moving and dancing!

Science

WHAT'S MAGNETIC?



Fill a bin with large objects and a magnetic wand. Super Easy!

Outdoor Play Everyday!

Cook

Make Super Easy English Muffin Pizza with your Toddler

Click here for the recipe



ENGLISH MUFFIN PIZZA