

TIPS FOR MEALTIME CONVERSATIONS

The emphasis during mealtimes is on social interaction. But, mealtime can also be a great opportunity to build children's language and vocabulary skills.



- Sit down and eat family style, this creates the opportunity to share relaxed conversation with children and support their ideas.
- Incorporate the child-friendly vocabulary words provided into your conversations.
- Once you've tried our mealtime conversation starters, create your own variations.

Share these fun ideas to spark conversations with children during mealtimes!

[**DOWNLOAD**](#)

We hope this information benefits your programs, families, and, most of all, the children. If there are other ways that HighScope can support you during this uncertain time, please don't hesitate to reach out to us. We are here to help in any way we can!

